



Introduction

About AMANI Birth

Meet the Founder



Aisha Al Hajjar

Certified Professional Midwife
Natural Childbirth Educator, Doula,
Breastfeeding Counselor, Trainer
Community Leader
Mother of Eight

About AMANI Birth

Meet the Founder



Inspiration

Personal childbirth experiences
Studies and training
in childbirth preparation
Qur'an and Islamic teachings
Cultural awareness

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Meet the Founder

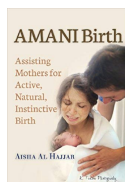


Vision

Improving global birthing culture
especially for Muslims
Becoming a voice
for natural birth awareness
and education

About AMANI Birth

Learn More



A childbirth preparation
guide for parents

Assisting Mothers for Active,
Natural, Instinctive Birth



AMANI Birth
...for a blessed start in life

www.amanibirth.com

About AMANI Birth

A Little History

Founded in 2012

20+ countries

900+ trainees & affiliates

10,000+ mothers

Positively **changing birth culture** through
education, empowerment, and support

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What is AMANI Birth?

It's all in the name!
In Arabic, AMANI means "wishes"
AMANI lil welada tabiaya
أمانى للولادة الطبيعية
"wishes for natural birth"

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What is AMANI Birth?

Assisting
Mothers for
Active
Natural
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Birth



 About AMANI Birth



Assisting

how to be the **best** coach

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Mothers

having the power of **knowledge**

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Active

staying healthy and fit
so you can be
an **active participant** in labor

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Natural

trusting in Allah's
design for the **birth process**
and minimizing interference

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Instinctive

focusing inward
and tuning out distractions

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A **philosophy** of trusting Allah's perfect design of the woman's body and a program for **educating women** about the way their body works during the **blessed time** of pregnancy, labor, birth, and early motherhood.

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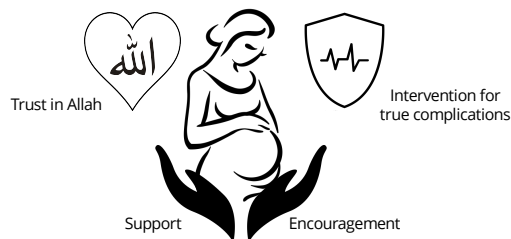
The process allows women to prepare, work with their bodies, and take full advantage of Allah's built-in safety nets.

About AMANI Birth

There is
no "right" or "wrong" way
to birth.

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An "AMANI" Birth



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Recap



Impact
&
Philosophy

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